About St. Charles Foundation

St. Charles Foundation is the philanthropic arm of St. Charles Health System. The Foundation secures gifts in support of the health system’s vision: Creating America’s healthiest community, together. Philanthropic donations fund programs and capital projects that improve health, prevent disease, enhance quality of life and provide the highest quality care possible for all patients, now and in the future.
April 2016

Dear Friends and Colleagues,

St. Charles Health System is at the leading edge of transforming health care. I am humbled and privileged to work with the physicians, nurses and health care administrators who are at the forefront of change during this pivotal time in the history of health care, both nationally and right here in Central Oregon.

I also have the privilege of working with donors, community leaders and patient “alumni” who play a significant role in achieving St. Charles' vision of creating America’s healthiest community, together.

This vision cannot be realized by professional staff alone. The desire for donors and community members to play a key role in our work is not just something that would be nice — it is a fundamental component of the path forward.

Health care is the most dramatically changing industry in the world, and that profound change affects every one of us. We know the road to quality health care is one that keeps our community healthy, thriving and out of the hospital. We also know that the one distinctive and vital responsibility of St. Charles is hospital care. No one else in Central Oregon does what we do: provide emergency care, intensive care and family birthing care 24 hours a day, every day of the year.

- Because we are the only hospital in our community, we need state-of-the-art facilities and equipment, so our physicians and nurses can deliver the highest quality care to their patients.
- Because we are the only hospital in our community, we must plan for the future to make sure we have sufficient beds for our growing population.
- Because we are the only hospital in our community, we will be there when you need us, regardless of your ability to pay or whether you have private insurance or no insurance at all.

With that in mind, I am so grateful for you, our donors and friends, for your steadfast support and the role you play in helping St. Charles continue to keep ourselves and each other well.

Lisa Dobey
Executive Director
Goal of St. Charles Foundation’s capital campaign launched in 2015 to help build a **St. Charles Family Care clinic in La Pine** to serve La Pine, Gilchrist, Chemult, Christmas Valley, Fort Rock and other nearby communities.

**$1.5 million**

Participants at our annual **Heaven Can Wait** and **Spark Your Heart** 5K walk/runs. More than $100,000 was raised to benefit Sara’s Project, the Children’s Heart Fund and adult heart services, funds of St. Charles Foundation.

**2,575**

Number of donors who gave to St. Charles Foundation in 2015.

Amount netted at the 24th annual **Hospice Christmas Auction** in Prineville. Funds provide care for St. Charles Hospice and Transitions patients in our region who are unable to afford care.
$200,000

Amount netted at the 2015 masquerade-themed Saints Gala. A successful paddle raise provided more than $90,000 to the stroke rehabilitation program to help stroke survivors achieve their fullest potential for recovery, independence and quality of life.

25

Number of nursing and caregiver scholarships for training and continuing education granted by St. Charles Foundation.

$100,000

Total given in grants for caregiver-identified projects across St. Charles Health System, ranging from books for parents with sick children to music in the chemotherapy room.

$70,000

Amount raised through the Net Hope Net Zero home sale. The project was a collaboration by local organizations in the industry to build a healthy, energy efficient home in Bend and donate the proceeds to St. Charles Foundation for cancer support services.

$2 million

Total amount raised by St. Charles Foundation in 2015.
Lauded by his colleagues for his dedication, leadership and intelligence, St. Charles hospitalist Dr. John Zachem, was the recipient of the 2015 North Star Physician of the Year Award.

The award recognizes an actively practicing physician in the region whose work has been defined by compassionate patient care, professionalism and a commitment to improving the lives of Central Oregonians.

“It’s super humbling to be recognized and a real highpoint in my career,” Zachem said. “The families in our community are so gracious and thankful. They take nothing for granted. I have always tried to do my work for them with an open heart and a friendly spirit.”

Zachem moved to Bend in 1999 and worked in private practice until 2006, when he was instrumental in the formation of the hospitalist program at St. Charles. He has been working in that role ever since.

In her nomination letter, fellow hospitalist Dr. Jennifer Laughlin described Zachem as a talented physician who skillfully and compassionately treats patients. She described how he has diagnosed and cared for patients with complicated illnesses including hantavirus and the plague and how he once personally provided a haircut and shave to a homeless patient awaiting discharge.

“As a clinician, mentor and leader, Dr. Zachem epitomizes the qualities that the North Star Award was created to honor,” said Dr. Jeff Absalon, St. Charles chief physician officer. “He is truly an asset to our community.”

Zachem was presented with the award at St. Charles Foundation’s Saints Gala. A $5,000 scholarship will also be awarded in his name to a student who is planning to enter the health field or is currently pursuing education in the health field.
Ann Farry knew firsthand that when cancer treatment services are located in different places it can be complicated, expensive and inconvenient for patients during an already difficult time.

At one point during treatment for chronic leukemia, Farry was hospitalized and had to be taken by ambulance to the St. Charles Medical Oncology clinic a few blocks away from the Bend hospital to receive her chemotherapy.

Because of that experience and her belief in the care she received from the St. Charles cancer team, Farry became a major supporter of St. Charles Foundation’s fundraising effort for a new, integrated cancer center, completed in 2014. Her donation helped the Foundation raise $5.7 million toward the construction.

Ann Farry passed away in 2015. Her legacy of giving will live on through her generous contribution to the St. Charles Cancer Center, as well as an unrestricted estate gift she left to St. Charles Foundation in her will.

“No one knew better than Ann how cancer can devastate a family,” said Dr. Linyee Chang, medical director of the St. Charles Cancer Center. “We are so grateful that she lived to see the dream of an integrated cancer center become a reality and that her support was honored in her lifetime as much as her legacy gift will be.”

Estate gifts, such as bequests or charitable trusts, can be a great way to provide for a future gift to St. Charles. With thoughtful planning, donors can take care of their families and St. Charles, creating a win-win solution.

“Years after her passing, Ann Farry will be providing life-saving health care at St. Charles. Who could ask for a better legacy?” said St. Charles Foundation Executive Director Lisa Dobey. “We are honored and humbled by her generosity.”

She will be missed.
2015 dollars raised

Capital Campaign .................................................. $655,757
Highest Need .......................................................... $560,591
Cancer Services ..................................................... $408,430
Hospice and Palliative Care ...................................... $108,317
Rehabilitation .......................................................... $90,000
Scholarships ............................................................ $57,249
Nursing Services ...................................................... $50,000
Community Health ................................................... $47,136
Mother and Child ..................................................... $17,992
Heart Services ........................................................ $8,954
Other .................................................................... $9,374

Total ................................................................. $2,013,800

Your donations at work: 2015

$1,711,491
Total amount of St. Charles Foundation grants used for projects across St. Charles Health System in 2015.
Whether you are a patient in need of care or a visitor trying to track someone down, an emergency department (ED) can be a frightening and confusing place. With so many moving parts and players it can be difficult to pinpoint where the cracks are, let alone fix them.

As a part of St. Charles Health System’s ongoing Lean process to improve patient experience through the elimination of waste and inefficiency, an analysis of the St. Charles Bend ED was undertaken last July. Driven by caregivers, the process revealed several opportunities for improvement including the need for a dedicated position to receive and direct patients.

Todd Shields, director of support and outreach services, appealed to St. Charles Foundation to fund a three-month trial period for a guest services host to greet patients and visitors, keep people informed of delays and help people find loved ones and navigate the ED.

“The need was identified by front-line caregivers,” Shields said. “But the Foundation gave us the ability to conduct the trial to tell us if this position was the right solution to meet that need.”

By listening to caregivers and funding projects such as this one, St. Charles Foundation uses undesignated gifts to continually respond to the Health System’s evolving needs and work toward its goals.

Since being implemented last fall, the program has been a huge success. The guest host not only fills a need for visitors to the ED but also saves nurses time and allows them to provide better care.

The trial resulted in such an improvement that the position, manned by a rotating group of guest service caregivers during the ED’s busiest times, is now permanently funded in the budget.

“Many people come to the ED anxious, confused, in pain,” said John Parks, guest services host. “We reassure them, calm them, accompany them, and let them know someone is looking out for them. Many patients and visitors thank us for our kindness and assistance during that time. That’s really rewarding.”

Inspired by quality of care
When it comes to charitable work in our community, Jo Frew is nothing less than a force of nature. In her 22 years in Bend, there’s barely a nonprofit she hasn’t been involved with in some way. From volunteering at the High Desert Museum and the Assistance League to her support of local organizations like Volunteers in Medicine and Central Oregon Community College, the list goes on and on.

“I did almost everything in town,” Frew said. “But one stuck. What I felt the strongest about was St. Charles because it’s so important to the community.”

Frew arrived in Bend from Chicago in December 1993. By February she was volunteering at St. Charles. For a decade, she made the rounds as a dedicated volunteer with jobs ranging from the gift shop to working directly with patients. It was just a matter of time before she was asked to join the St. Charles Foundation board. With the exception of a one-year hiatus, she has served ever since, retiring just this year to move closer to family in the Portland area.

“We can only do what we do here because of tireless volunteers like Jo,” said Lisa Dobey, St. Charles Foundation executive director. “Donations are important, but Jo’s contribution to the Foundation and the health system over the years is immeasurable.”

Not a natural at fundraising, Frew found her stride during the Foundation’s Cancer Center Capital Campaign, completed in 2014. Frew lost her husband to cancer and was very passionate about the project.

“ Asking for money is hard,” she said. “But if you’re really sold on the product it makes it a lot easier.”

Among her many accomplishments on the Foundation Board was the Intern for a Day (IFAD) program, an insider tour of the hospital for donors and community members.

“With IFAD we really just wanted to show off. Community members never get to see behind the scenes. It’s fascinating. We should be proud,” Frew said.

Fueling her work as a volunteer, Foundation board member and vocal supporter of St. Charles, was a desire to engage the community with the hospital.

“When I moved here, I didn’t know anyone,” she said. St. Charles really created my community.”

Inspired by our volunteers

Jo Frew at St. Charles Foundation’s Saints Gala last November.
On an unseasonably warm April day last year, Janet Cordero woke up on the floor. She couldn’t move the right half of her body. She was rushed to St. Charles Bend where she found out she had suffered a stroke.

An otherwise healthy, nonsmoker in her mid-50s, Cordero barely understood what a stroke was let alone imagined she would experience one.

“I had one nurse. She took my hand,” Cordero recalled. “It wasn’t that I could feel her hand grasping my hand. I could see that she was there, and she told me ‘I won’t leave you. I’m here.’”

After being released from the hospital, she was able to access rehabilitation therapy near her home at St. Charles Prineville. Only working a few days per month after the stroke with no other income, a commute to Bend or Redmond would have been devastating.

“There are 800,000 strokes a year in this country. Around 720 were treated last year throughout St. Charles Health System.

“Around here we say stroke recovery is a marathon not a sprint,” said Beth Weise, registered nurse and stroke coordinator for St. Charles. “But if we don’t have access to that therapy there won’t be any race at all.”

A paddle raise at St. Charles Foundation’s Saints Gala raised $90,000 for the St. Charles stroke rehabilitation program to help stroke survivors reach their fullest potential for recovery, independence and quality of life.

Donations went toward the purchase of crucial new equipment that could mean the difference for patients like Janet between permanent disability and returning to work.

“I consider myself beyond extremely lucky,” Cordero said. “But I also credit the people who have been there all along and that includes St. Charles.”
2015 event highlights

Heaven Can Wait 5K

Spark Your Heart 5K
2015 St. Charles Foundation donors

$200,000 – $260,000
Ann Farry
Maybelle Clark Macdonald Fund
Les Schwab Warehouse Center Inc.

$85,000
Tour des Chutes

$30,000 – $50,000
Gertrude Goldsmith
Silicon Valley Community Foundation
Seven Bridge Inc.
Floyd Dement Trust – Union Bank, N.A.

$20,000 – $29,999
Denny Denton
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Central Oregon Radiology Associates
St. Charles Health System
Gary and Catherine Craven

$10,000–$19,999
Wilderness Garbage & Recycling Service
Mark Stafford
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Every gift to St. Charles Foundation is greatly appreciated. We have made every effort to ensure the accuracy of this list and sincerely apologize for any errors or omissions.
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Ways to give

Make a Donation

St. Charles Foundation, 2500 NE Neff Rd.
541-706-6996
stcharlesfoundation.org/donate

Named Endowments

Your gift or pledge of $25,000 or more will establish a named fund to support the health issue you care most about.

Estate Planning

Explore options for bequests, charitable remainder trusts, gift annuities and other assets such as real estate.

Gifts of Stock and Securities

A gift of appreciated stock earns you a charitable income tax deduction.

St. Charles Foundation is recognized as a 501(c)(3) charitable organization by the IRS, tax ID # 94-3076293. All contributions are tax deductible to the extent of the law.